Timestamp	Email Address	Thinking back to your experience of heatwaves in Cambridge in the last few years, were any rooms in your home too hot ?	Column1	What did you do to try to stop your home overheating during recent heatwaves?	If you used any form of external shading to try to stop your home overheating during recent heatwaves, can you send us a photograph?	Would you like the Greater Cambridge Shared Planning Service to provide clearer guidance about allowing external shading?	Location postcode	Building age	Building type	Thiking about any rooms that get too hot, what are the surroundings like?	Any other information that you would like to share with us about your experience of recent heatwaves, and what would help you improve your home's heatwave resilience	Would you like to receive the results of this survey?	Thinking about any rooms that get too hot, which way do they face?
3/26/2026 8:23:41		Bearable		External shading (eg external blinds, shutters, awnings or plants to keep the sun out)	Yes	Yes	cb39jg	Pre 1914	Mid terrace house			Yes	
4/1/2026 13:34:26		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB1 9LH	1960-1979	Sem-detached/ end ter	Mostly greenery (trees, grass and other plants)		Yes	
4/1/2026 13:47:52		No		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Opened windows during the heat of the day to improve ventilation, Shut windows during the heat of the day, opening them when it was cooler at night, James Wormald	No	No	CB1 9PD	1980-1999	Detached house	Mostly greenery (trees, grass and other plants)	After a house renovation a few years ago, I installed permanently ventilated skylights directly above the rear of the property... which is covered in 7m glass floor to ceiling glass doors on the ground floor. This creates a passive stack ventilation effect which keeps the interior cool, either when the glass doors are closed or when they are open. Without this, the large glass doors (mostly south-facing) would make the area directly in front of them largely unbearable in the summer without blocking out a lot of the light. The issue with exterior shading, is the shading part... it's a balance between light and heat. But with PSV, we retain the light but lose the heat.	No	
5/5/2026 14:40:00		Yes		Left upstairs windows open also at night; and a kitchen window; also front & back doors for through draught in the evening when it was Really Hot.	No	Yes	CB1 (Romsey)	Pre 1914	Mid terrace house	The front is little garden + tarmac. The back is garden with a good number of quite tall trees.		Yes	East (bedroom, at the front; West (bathroom, at the back). The sun is mostly off the front by midday
5/6/2026 9:19:53		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Ian Gilder	No	Yes	CB25 9JB	Pre 1914	Sem-detached/ end ter	Mostly greenery (trees, grass and other plants)		Yes	SOUTH EAST AND SOUTH WEST
5/6/2026 9:38:32		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB4 3JD	Pre 1914	Sem-detached/ end ter	Mostly dark surfaces (asphalt, slates)		No	East
5/6/2026 9:54:53		No		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB4 1XG	1915-1959	Sem-detached/ end ter	Mostly light coloured hard surfaces (paving, brick etc)		Yes	South
5/6/2026 10:15:38		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	Cb1 3bz	Pre 1914	Mid terrace house	Mostly dark surfaces (asphalt, slates)		Yes	West
5/6/2026 10:30:43		Bearable		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB4 1NF	1980-1999	Sem-detached/ end ter	Mixture of vegetation and light coloured hard surfaces		Yes	South
5/6/2026 10:33:33		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Also hung wet towels over slightly open window/ door when desparate	No	Yes	CB4 1BS	Pre 1914	Sem-detached/ end ter	Mostly light coloured hard surfaces (paving, brick etc)	Experience: I've found heat in house almost unbearable at times....cool bath/shower (but uses water), wet towel round neck and retreat to coolest room in house. Going to Shetland! It would help to have awnings on the SSE front of house (as well as the two WSW side windows which are the worst in high summer as the heat is reflected off the road).	Yes	South West
5/6/2026 14:28:38		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB4 2AJ	1915-1959	Detached house	Mostly greenery (trees, grass and other plants)		Yes	South
5/6/2026 16:24:30		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	Yes	Yes	cb13na	Pre 1914	Sem-detached/ end ter	Mostly light coloured hard surfaces (paving, brick etc)	I installed an awning about three years, which makes my south-east facing kitchen bearable. i also have heavy bedroom curtains and blinds that I use to keep the upstairs rooms cooler. i think I need to imporve the loft insulation to cool the house further.	Yes	south-east
5/6/2026 16:29:40		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	Cb19jx	1960-1979	Sem-detached/ end ter	Mostly light coloured hard surfaces (paving, brick etc)		Yes	South
5/6/2026 17:20:57		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Anne Swinney	No	Yes	CB4 1TY	1915-1959	Sem-detached/ end ter	Mostly light coloured hard surfaces (paving, brick etc)	Actually we converted our conservatory into a garden room (tiled roof) and it is much more acceptable.	No	Southwest

5/6/2026 19:17:53		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No		Yes	CB4	Pre 1914	Mid terrace house	Mostly greenery (trees, grass and other plants)	External shading and probably wall insulation	Yes	West
5/6/2026 19:59:38		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No		Yes	CB2 9AW	2000-2026	Sem-detached/ end ter	Mostly dark surfaces (asphalt, slates)	My house has a small footprint but three floors. The top floor gets too hot in summer, while the ground floor stays comfortable apart from during the most severe heatwaves. The exterior is painted black, and the top floor gets more sun exposure than the bottom two floors. Also since heat rises that must also be a factor. I've tried using fans to blow out the hot air upstairs, hoping to draw up the cooler air from downstairs, but it doesn't seem to work. I don't know what else I can do but would love to see eco-friendly options!	Yes	East/West, and East/West/South
5/6/2026 21:28:02		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	Yes		Yes	CB4 1RT	1960-1979	Mid terrace house	Mostly light coloured hard surfaces (paving, brick etc)	We would like to install an awning to shade ground floor windows but we couldn't afford to do that as well as the upstairs electric window shades so we prioritised upstairs which is hotter. We use a sail shade downstairs. It's time-consuming to put up and take down and bulky to store and we have to position it lower than is ideal because otherwise we couldn't reach it.	No	South
5/6/2026 22:22:59		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Tried to use cool water and fans overnight and in the early hours	No		Yes	CB29AE	2000-2026	Sem-detached/ end ter	Mostly light coloured hard surfaces (paving, brick etc)	Our house was built from new with a bedroom in the roof with only north facing windows. Despite that it became unbearably hot in the hotter heatwaves and the offset single window made it very hard to even create a draught overnight. That's just one feature which shows that the new build designs of late do not account for cooling in the summer, and also heat gain when it might be desirable in the winter.	Yes	Mainly south but also north facing rooms
5/7/2026 8:27:37		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No		Yes	PE28 2DQ	1960-1979	Detached house	Mostly greenery (trees, grass and other plants)	Scientific evidence and external shading solutions would be of value	Yes	South and East
5/7/2026 8:30:50		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	Yes		Yes	CB4 1AG	Pre 1914	Mid terrace house	Slate roof	I have been recommending external velux window blinds whenever heat mentioned . Sadly some noisy aircon in the street . Old terrace houses fairly cool downstairs but new kitchen extensions and loft conversions a problem . We have homemade canvas blinds on an old broom handle for the loft doors and shut all internal doors to stop the heat rising . The flat black roof not ideal !	Yes	East and west facing LOFT conversion
5/7/2026 9:12:06		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Used air conditioning	No		Yes	cb23 8st	1980-1999	Mid terrace house	Mostly light coloured hard surfaces (paving, brick etc)		No	South west
5/7/2026 17:11:46		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation, Shut windows during the heat of the day, opening them when it was cooler at night	No		Yes	CB1 3HA	1915-1959	Mid terrace house	Mostly greenery (trees, grass and other plants)	I am trying to grow more climbing plants to the front of the house where it gets hottest in summer - it's early days so far, and I have to juggle the need for some external shading during the hottest days (short lived) while not damaging the wood fibre external wall insulation by drilling in plant supports/trellis too deeply and puncturing any membranes (long term).	Yes	SE
5/7/2026 21:00:38		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No		Yes	cb1 2qj	Pre 1914	Mid terrace house	Mostly dark surfaces (asphalt, slates)	I now am unable to sleep in my bedroom, which is a loft conversion, for a few weeks in the summer. The temperature can get higher than 35c and it has triggered insomnia. I have to sleep on the sofa downstairs and I feel dread when the hot temperatures come as I know how it will affect me. I've lived in the house for 16 years and it's only in the past 4 or so years it's been this bad.	Yes	Under the roof
5/9/2026 7:37:13		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation	No		Yes	CB24 4QG	1980-1999	Sem-detached/ end ter	Mostly greenery (trees, grass and other plants)	Open widows at night and heavy curtaining closed on sunny windows during the day until sun passes, then open windows to help heat flow. Make extra ice - we put a few blocks with cold water in a small foot sized bucket and sit with feet in it while relaxing- helps bring down core body temperature if you're overheating.	Yes	Conservatory faces north-west and gets ridiculously hot during heatwaves even with internal blinds down. Causes the downstairs to be very hot during a heatwave.
5/10/2026 14:56:27		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Fans	No		Yes	CB1 1HT	Pre 1914	Sem-detached/ end ter	Mostly light coloured hard surfaces (paving, brick etc)	external shades at the front of the house would be very useful as it is the morning sun that is hottest and least shaded. But I'm in a conservation area.	No	South East (morning) South West (evening)
05/12/2026 16:24		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night,	No		Yes	CB4 3JN	1915-1959	Sem-detached/ end terrace house	Mostly light coloured hard surfaces (paving, brick etc)		Yes	Southwest
05/12/2026 16:55		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Insulate attic bedroom ... did not really help	No		Yes	Cb11ju	Pre 1914	Mid terrace house	Mostly light coloured hard surfaces (paving, brick etc)	Have thought could we out outside blinds or shutters over windows or even the front door	Yes	South
05/12/2026 17:32		Bearable		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation, Shut windows during the heat of the day, opening them when it was cooler at night, In-built blinds in Velux windows; Blackout material in curtains	No		Yes	CB4 3ES	1915-1959	Sem-detached/ end terrace house	Mostly greenery (trees, grass and other plants)	Keeping internal doors to sun-facing rooms closed has helped	Yes	West

05/12/2026 17:51		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation, Shut windows during the heat of the day, opening them when it was cooler at night	Yes	Yes	cb4 1da	Pre 1914	Detached house	Mostly dark surfaces (asphalt, slates)	We have solar film on some windows to reduce heat gain and this has helped but is not a panacea	Yes	south	
05/12/2026 19:39		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	cb1 2pz	2000-2026	Mid terrace house	Mostly dark surfaces (asphalt, slates)		Yes	It affects all rooms, particularly the attic	
5/13/2026 8:03:43		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Sean Too	No	Yes	Cb5 8lb		Sem-detached/ end terrace house	Mostly dark surfaces (asphalt, slates)		Yes	South west	
5/13/2026 13:35:24		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB1 8PT	1915-1959	Sem-detached/ end terrace house	Mostly light coloured hard surfaces (paving, brick etc)	External shutter or mesh solutions that work with outward opening windows	No	South	
5/14/2026 5:54:21		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Taped aluminium foil to cover inside of window to reflect sunlight	No	Yes	CB1	Pre 1914	Mid terrace house	Mostly light coloured hard surfaces (paving, brick etc)	We have looked into shutters before and external ones are not readily available in the UK. A simple awning above our bedroom window would address most of these issues but our house is directly on the street and it's a conservation area so we don't think it would be allowed.	Yes	East facing bedroom too hot in the morning, west facing too hot in the afternoon!	
5/14/2026 21:18:06		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Allow as much Greenery to grow over patio, windows	No	Yes	Newnham Croft with cool side passage	Pre 1914	Sem-detached/ end terrace house	Mostly dark surfaces (asphalt, slates)	Green plants over patio and glazed doors and windows	Yes	South	
5/19/2026 16:18:28		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Used air conditioning, Mrs Amy Gunton	Yes	Yes	CB4 1LU	1915-1959	Mid terrace house	Mostly light coloured hard surfaces (paving, brick etc)	The heatwaves made me very unwell due to disability (chronic migraines). We tried taping some aluminium foil on the outside of the south facing French windows to block light and heat. We kept it on (covered with an old white sheet on the outside) until the weather was less sunny	Yes	South	
5/21/2026 22:42:23		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes		1980-1999	Mid terrace house	Mostly light coloured hard surfaces (paving, brick etc)	Velux roof room too hot, concrete of ground floor stays cool in summer (though too cold in winter!) Large Shrubs in my tiny garden make it pleasantly shady yet many are still removing foliage for car parking in Cherry Hinton Road. Why is this allowed? Estate plans for 1980s show multiple tree planting yet most have been cut down , why is this allowed? Why are hedges not protected? Why not more street trees and more advice to add foliage on 'ooen plan' design estates?	Yes	East/south east	
5/22/2026 11:34:36		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes		1980-1999	Detached house	Mix of grass,tree & paving	I would like to be able to fit external blinds but for upstairs rooms they would need to be electrically operated, which is costly.	Yes	South & North	
5/24/2026 20:00:29		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	Cb4 3sd	1960-1979	Sem-detached/ end terrace house	Mostly greenery (trees, grass and other plants)	Adding the skylight was a bad idea. It's great in the winter but I need to tape up an emergency blanket to cover it on very hot days.	Yes	South	
5/27/2026 9:19:29		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Fan	No	Yes	CB249EW	1960-1979	Sem-detached/ end terrace house	All of the above in different areas	We followed all the advice during the heatwave of May 2026 but our top floor bedrooms' temperature still went up to over 30 degrees. External shutters or other shading solution seem to be a must have nowadays for a lot of houses that were not built for this kind of weather.	Yes	East and West	
06/02/2026 18:45		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB23 7FA	2000-2026	Detached house	Mostly light coloured hard surfaces (paving, brick etc)	Are solar panels and aircon green?	Yes	east and south	
06/03/2026 22:18		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	Yes	Yes	Cb1 2dw	Pre 1914	Mid terrace house	Mostly dark surfaces (asphalt, slates)		Yes	East and West	
06/04/2026 07:26		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	Cb1 7uy	1915-1959	Detached house	Mostly greenery (trees, grass and other plants)	Better roof insulation. Front bedrooms become unbearable at night	Yes	South	
06/04/2026 10:59		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB10 1TA	1980-1999	Detached house	Mostly light coloured hard surfaces (paving, brick etc)	I attached tea towels on windows as I do not have curtains in those rooms	Yes	south and west	
06/05/2026 08:53		Bearable		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation, Shut windows during the heat of the day, opening them when it was cooler at night, Using an electric fan on each floor to keep air moving, opening to max to draw vent over sitting room's open fireplace, sometimes leaving on the extractor fan in upstairs loo, beinq v careful when in day *creating* heat by eg cooking, nurturing a mature wistaria on south-facing wall	Yes	Yes	CB1 2LS	Pre 1914	Mid terrace house	Any room in which we have not taken sensible protective measures	We have been thinking about the importance of protecting our home from overheating for several years (not as long as we have made changes to make the house draught-proof & well insulated to avoid heat loss in winter); I grew up in NYC which suffers dangerous and intense heatwaves and UHIE.	Yes	TBH: none of our rooms get *too* hot anymore	
06/05/2026 12:02		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Used fans inside	No	Yes	CB4 2DP	1915-1959	Detached house	Mostly greenery (trees, grass and other plants)	We will definitely put external shading on our south facing windows in the rear of the house. Thanks for all the examples!	Yes	South	
06/07/2026 20:53		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation, Shut windows during the heat of the day, opening them when it was cooler at night, Turn of computing equipment to reduce heat generation	No	Yes	CB1 9YL	1980-1999	Detached house	Upstairs, nothing nearby	The biggest issue I've had is that closing the south-facing windows and curtains clearly works extremely well, but it's then quite tricky to get adequate through ventilation to the other half of the house	Yes	North (but it's the office so gets used heavily during the day)	
06/09/2026 09:17		Bearable		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB4	1980-1999	Detached house	Mostly greenery (trees, grass and other plants)		Yes	south	

6/22/2026 6:17:57		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation, My home was built in 2024. Windows have to be open for ventilation during the day. The windows absorb solar heat and there nowhere for the heat to dissipate when windows are closed.	No	Yes	Cb24 8bq	2000-2026	Sem-detached/ end terrace house	Mostly greenery (trees, grass and other plants)	I would really like external shading over the windows of my home or external shutters. Social housing, house built 2024	Yes	South	
6/22/2026 17:34:01		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Used air conditioning	No	Yes	CB2 1PG	Pre 1914	Mid terrace house	Mixture of plants and brick/stone path in front garden, but of course houses next door in terrace are lightish-coloured brick	We would like to be able to have awnings installed outside the house without worrying whether we will be asked to take them down	Yes	West	
6/22/2026 20:24:40		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation, Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	SG8	Pre 1914	Detached house	Mostly light coloured hard surfaces (paving, brick etc)	House is listed. Roof tiles heat up then radiate all night. Guidance needed on what is allowable - not easy to get permission for solar panels, which would protect the tiles from direct sun.	Yes	East	
6/25/2026 11:36:46		Yes		External shading (eg external blinds, shutters, awnings or plants to keep the sun out), Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Portable fan to move the air.	No	Don't know	CB1 2QT	1980-1999	Mid terrace house	Mostly dark surfaces (asphalt, slates)	My house featured in Cambridge Open Ecohomes in the early days. It had a low energy renovation with triple glazing, increased thermal insulation, solar thermal system, thermal store and MVHR. Have recently added solar PV and battery storage. Works well except in heatwaves! Then the MVHR, with or without summer bypass, imports the extremely hot outdoor air causing overheating. Suspect a solution might be to add active cooling with a duct cooler before the MVHR input.	No	South	
6/30/2026 12:53:18		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	cb2 9ht	Pre 1914	Sem-detached/ end terrace house	Mostly light coloured hard surfaces (paving, brick etc)		Yes	south	
07/01/2026 09:37		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Fan	No	Yes	Cb24 1Bau	2000-2026	Sem-detached/ end terrace house	Mostly light coloured hard surfaces (paving, brick etc)	Bigger trees outside and external shutters. We installed heat resistant blinds in some rooms but not all, and they are expensive. Shouldn't have to be an individual choice particularly if purchasing a new house.	Yes	South west	
07/05/2026 21:18		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	CB2 8AN	1960-1979	Apartment with opening windows on at least 2 sides	Mostly greenery (trees, grass and other plants)	Applecourt is Grade II heritage listed but we need permission for external shading	Yes	South West	
07/08/2026 08:21		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes		1915-1959	Sem-detached/ end terrace house	Mostly greenery (trees, grass and other plants)	I want to get external blinds or shutters, but £584 planning permission seems excessive - My building has 3 maisonnettes so permitted development does not apply.	Yes	Southwest, and the loft conversion rooms	
07/08/2026 11:57		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Keep the roof hatch open + kitchen foil on windows	No	Yes	CB1 3PT	1915-1959	Mid terrace house	Mostly greenery (trees, grass and other plants)	I am considering a Canadian well but it is not cheap. Something cheaper I am also thinking of is painting the roof white. I don't see any comms about those options and I don't know if I am allowed to paint my roof	No	West facing facade + loft conversion	
07/08/2026 13:30		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation	No	Don't know	CB24 1BS	2000-2026	Detached house	Mostly light coloured hard surfaces (paving, brick etc)	We have applied film to the inside of windows, but that only succeeds in slowing the heat getting in, this is only part of the problem: Modern houses are very good at keeping the heat in; the multiple-day heatwaves have been unbearable because over successive days the house heated to over 30 degrees and most importantly would not cool overnight even with windows open (not enough breeze). The limit for us currently is about 3 days of heat-wave before the house becomes too hot. External shading may extend this to 4 or 5, but heating is inevitable. Low bills over winter are great, but the cost is inevitably that we'll have to buy an air conditioner and run multiple fans during the summer.	Yes	East, South and West	
07/08/2026 13:44		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night, Used air conditioning	No	Yes	CB5 8SU	1960-1979	Sem-detached/ end terrace house	Mixed – road and hard surfaces, but also grass and large trees	I find that rooms that get late afternoon/evening sun are the worst – heat gain later in the day makes it hard to cool the rooms down again before (trying to) sleep. I also find the fabric of the building heats extensively during the day and doesn't cool until morning, continuing to radiate like a storage heater all night.	Yes	South west	
07/08/2026 21:53		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Opened windows during the heat of the day to improve ventilation, Stick aluminum on the windows	No	Yes	Cb13al	Pre 1914	Sem-detached/ end terrace house	Mostly light coloured hard surfaces (paving, brick etc)		Yes		
07/09/2026 15:54		Yes		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Shut windows during the heat of the day, opening them when it was cooler at night	No	Yes	Sally Wraight	2000-2026	Apartment with opening windows on at least 2 sides	Mostly light coloured hard surfaces (paving, brick etc)	We live in an expensive architect-designed development from 2012-13. All the apartments have living rooms with large windows facing West and they ALL become unbearable hot in recent summers. Currently the developers do not allow external blinds or shutters	Yes	West	
07/09/2026 16:02		Bearable		Internal shading (eg closing curtains and blinds during the day to keep the sun out), Went down to the cellar for the evening 16 degrees vs 40!! Very comfortable.	No	Don't know	Cb241jf	Pre 1914	Detached house	Larry and plaster overlooking lawn.	Closing internal shutters. Opening windows at night. The building is thick masonry, temperatures move slowly but heat gain from the sun thru large S windows has to be managed.	Yes	South	

Thinking back to your experience of heatwaves in Cambridge in the last few years, were any rooms in your home too hot ?		what did you do		Would you like the Greater Cambridge Shared Planning Service to provide clearer guidance about allowing external shading?	
Yes	53	external blinds	15	count yes	57
Bearable	6	internal	58	No	1
No	2	opened window in heat of day	11	**%yes**	**98.3%**
%yes	**96.4%**	shut windows during day	53		